Tips for a smooth transition to kindergarten

Kindergarten is a significant milestone. Here are a few practical tips to help prepare your child for a smooth and confident transition.

Wake up at the same time each day Eat a healthy breakfast	How can we propose socially and	What is a possible morning routine?
Reassure your child with positive encouragement Arrange playdates with children in the same class if possible Visit the school to meet teachers and see the classroom Keep your own positive outlook Take advantage of transitional supports provided if enrolled in an early learning program. At CHS, we implement a family success approach to create a strong partnership between families and educators. If kindergarten is your child's first structured learning experience, try at-home learning activities throughout the summer (reading together, practicing routines, playing simple games) What supplies might you need? Check with your child's teacher first! Backpack Lunchbox Water bottle Classroom supplies (crayons, pencils, glue sticks, scissors) How can my child practice independence? Dressing themselves (zippers, buttons, shoes, coats) Using the restroom, washing hands Involve in preparation (picking out backpack/clothing, helping pack their lunch) Brush teeth, wash hands, wash face Get dressed Get dressed Star a quick goodbye ritual (hug, high five, silly face) What is a possible evening routine? Share a quick goodbye ritual (hug, high five, silly face) What is a possible evening routine? Set out clothes and shoes for the next day Pack backpack and check supplies Talk to your child doult tomorrow's plan (i.e. "Tomorrow is school. You'll see your teacher and friends.") Read a bedtime story or do a quiet activity together Stick to a regular bedtime How can I stay connected and supported? Lunchbox Ask your school what supports are included Keep open lines of communication with your child's teacher once school begins Celebrate milestones (first-day photo, special breakfast/ after-school snack) These are just a few suggestions. Remember each child and family's situation is unique! For more kindergarten readiness tips and resources, visit chslearn.org/resources/for-families		Wake up at the same time each day
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Hershey Schools